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...Reaching Maximum Potential...

Ipswich Invite Cross Country Meet

Date: Saturday, September 9th, 2023 10:00am

Location: Ipswich Athletic Complex

10:00AM	Varsity Girls	5000M	Rolling Schedule
	Varsity Boys	5000M	
	JV Girls	4000M	
	JV Boys	4000M	
	MS Girls	3000M	
	MS Boys	3000M	
	Munchkin Run		

Awards: Medals will go to the top 10 varsity runners for both boys and girls!
Ribbons given to the top 10 in the MS division. Middle School division is for grades
6-7-8 and will not be separated by grade.

Team Scoring: Top 3 will score (unlimited entries) but no award handed out

*We will be the HY-TEK system & Athletic.net for this meet. Please have
your rosters online (Athletic.net) by Sept.7th. Please include any 6th graders on the
website (list them as 7th graders if need be). I will send out competitor numbers
Friday afternoon.

All awards will be handed out as runners cross the finish line.

Entry Fee: \$5/runner with a \$45 max fee. You can bring the checks the day of the meet or send them to the school.

** Questions can be referred to: Dan Knust (Athletic Director) 605-690-2132 or at dan.knust@k12.sd.us

Concessions & Bathrooms located on the SouthWest side of the Track.

[&]quot;The Ipswich School provides the opportunity for all students to reach their maximum potential in a safe and positive environment allowing them to become responsible life-long learners in an ever-changing world."