## **REGION 4A CROSS COUNTRY MEET**

Chairperson: Anna Pazour, <u>anna.pazour@k12.sd.us</u>, (605)730-1735

| PLACE:                  | Chamberlain Country Club, 1 mile west on service road of Interstate 90, exit 260 for Oacoma.   |  |
|-------------------------|--|--|
| DATE & TIMES:           | Thursday, October 12 <sup>th</sup> , 2023  |  |
|                         | 1:15 pm (CT) – Coaches' Meeting at Clubhouse<br>2:00 pm – Girls' Varsity<br>2:30 pm – Boys' Varsity<br>3:00 pm – Girls' JV<br>3:30 pm – Boys' JV   |  |
| DISTANCE:               | Varsity races – 5,000 meters<br>JV races – 4,000 meters  |  |
| RULES &<br>REGULATIONS: | SDHSAA rules will apply to this meet. Please update yourselves on the rules of the SDHSAA through <u>www.sdhsaa.com</u> .  |  |
| ENTRIES:                | Class A – 6 entries (4 counters plus 2 pushers)<br>JV will be unlimited entries.   |  |
|                         | Please register your entries on Athletic.net by 8:00 am on Wednesday, October 11 <sup>th</sup> .   |  |
|                         | We will be using the names on Athletic.net to enter in to the Hy-Tek program. You can still make substitutions upon arrival at the meet.   |  |
| QUALIFIERS:             | Top 3 teams and the top 20 runners qualify for state.  |  |
| AWARDS:                 | The winning teams and the runner-up teams will receive a plaque.<br>The winning teams will also receive team medals. The top 20 runners will<br>receive a medal.   |  |
| EXPENSES:               | Expenses will be calculated and pro-rated to member schools.   |  |
| APPEALS<br>COMMITTEE:   | Nick Weismantel – North Central<br>Keely Bracelin – Stanley County<br>Chuck Wilson – Todd County   |  |
| MEETING AGENDA:         | See Page 2.  |  |
| ADDITIONAL INFO:        | Course maps are attached in an email.  |  |
|                         | Any media/photographers/videographers wanting coverage of the Region<br>meet need to contact Chamberlain AD, Anna Pazour, at<br><u>anna.pazour@k12.sd.us</u> for additional information.<br>Parking at the golf course is very limited. Buses will need to park on the<br>road leading up to or coming out of the golf course so that the golf course<br>parking lot is cleared for emergency services and spectators who need to<br>park closer for handicap or health reasons. |  |
|                         |  |  |

## **REGION 4A CROSS COUNTRY MEET**

1:15 pm (CT) Coaches' Meeting Agenda Thursday, October 12th, 2023 Chamberlain Country Club

Per SDHSAA (Doc: ATH-CrossCountry, page 3), a committee shall be formed with a meeting to be held prior to the meet for organizational purposes. A school shall designate an administrative staff member (superintendent, principal, athletic/activities director) who is not coaching in the sport involved to represent the school on the committee. The representative shall then inform the school personnel directly involved with the sport of the decisions made at the committee meeting.

Call to Order:

| Roll Call:<br>Chamberlain<br>Cheyenne Eagle Butte<br>Crow Creek<br>Dupree<br>Kimball/White Lake<br>McLaughlin<br>Miller<br>Mobridge-Pollock<br>North Central<br>Platte-Geddes<br>Stanley County<br>Todd County<br>Winner |   |                        |  |
|--|---|------------------------|--|
| Item 1   | Approve agenda for the 2023 Region Meeting.   |                        |  |
| Item 2   | Approve Jury of Appeals for the 2023 Region CC meet.                                  |                        |  |
| Item 3   | Site of Future Region 4 Cross Country Meet. 2024: October 19, 2024                    | 2025: October 18, 2024 |  |
| Item 4   | Instructions from the head starter/referee (Brian Sieh)                               |                        |  |
| Item 5   | Financial Report<br>Payments – Plaques, medals, starter, official scorer, coordinator |                        |  |
| Item 7   | Draw for starting slots   |                        |  |
| Item 8   | New business  |                        |  |

## **REGION 4A CROSS COUNTRY MEET**

**Duties & Workers** 

Anna Pazour (Cham) - CLERK OF COURSE – Run rule meeting, place the teams in proper position on the starting line (positions to be drawn in meeting). Along with starter instruct the runners on recall procedure. Check and enforce uniform regulations.

Brain Sieh – STARTER – Start the race according to regulations.

Matt Dyksta (KWL) - FINISH JUDGE – Stand inside the chute on the finish line to determine the proper order in which the competitors enter the chute.

Adam Nelson (Cham) & Rusty Roland (Cham) – TIMER – Call out times as they cross the finish line.

Nila Wagaman (Cham) - RECORDER - Record times as they are called by timer.

Jaylen Uthe (Cham) – CHUTE WORKER – Position selves outside the narrow part of the chute and keep runners moving forward through the chute towards the scorers.

Keely Bracelin (SC) & Christian Christianson (Dupree) – CHUTE UMPIRE – Position selves inside the chute area just past the finish line and see that runners stay in proper order while making their way through the chute.

Kelli Pazour, Chelsey Tyrell, Students (Cham) – FINISH RECORDER – Stand at the end of the chute and record the order of finish.

Frank Cutler (P/G) – MARSHALL – Keep competitive area free from all persons, in particular the last and first 100 yards.

Matt Hilson (Cham) & Renee Roland (Cham) – COURSE UMPIRE – Call out times to runners on course and observe the runners during the race. Will be stationed at hole #8 and hole #6. If an infraction occurs report to the clerk of course.

Zack Nelson (Cham) - RACE LEADER - Lead race in golf cart.

Susan Gieseler (Cham) – TRAIL CART – Follow racers and assist with getting any injured athlete back to the club house/trainer.